When you hear the word xylitol, you probably feel like you should be trying to finish the alphabet song and not pronouncing some word on a list of ingredients. The awareness of this artificial sweetener is growing, but it is an ingredient that should continue to be on your radar regularly. Traditionally, it has been found in certain brands of chewing gum, but recently it is being added to some types of peanut butter. We are well aware of the huge benefit peanut butter plays when trying to get your dog to take a pill, so it is annoying that you now have to worry what’s in your peanut butter. Depending on the amount of xylitol eaten and the size of your dog, it can cause the blood sugar to crash and, in some cases, lead to liver failure. These are serious repercussions to your dog’s health. So, as with your self, read all the labels of what you are feeding your dogs and cats before giving the food to them.

Submitted by: Dr. Kevin Schmidt

Patton Veterinary Hospital
425 East Broadway
Red Lion, Pa 17356
246-3611
www.pattonvethospital.com

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