Vomiting and diarrhea are symptoms that we commonly see in our pets. They may be eating something they should not, get a stomach virus, have intestinal parasites, intestinal obstruction, etc. If vomiting and diarrhea do occur, the first thing you should do is to remove the food and water to which they have access. Do not give any over the counter medications without first consulting your veterinarian. If after removing the food, they have not had any vomiting or diarrhea for 6 hours, you can offer them a small amount of water or electrolyte drinks. If they still do not have any vomiting or diarrhea after drinking, you can offer them small amounts of a bland food made of boiled white meat chicken or lean ground beef with white rice (50:50 mixture). If the vomiting or diarrhea is not improving, your pet seems dehydrated, or you have any concerns, you should have them examined by your veterinarian.

Submitted by: Dr. Kevin Schmidt